

# Policy Report

October 31, 2013

From the American Heart Association

## Editor's Note

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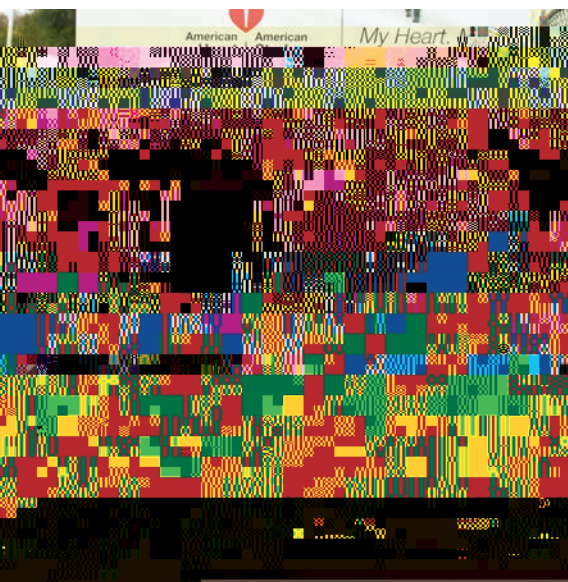
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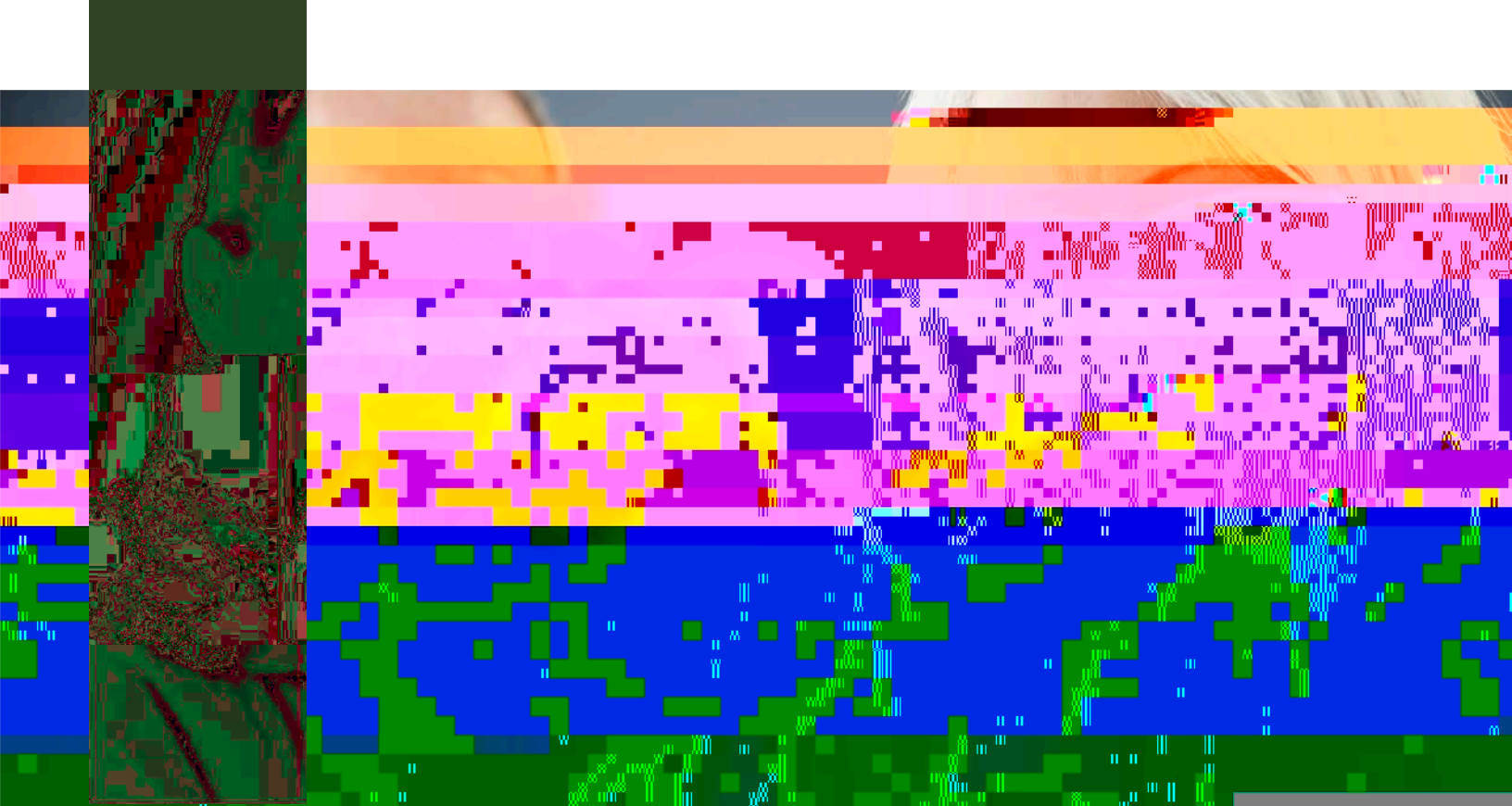
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# The Latest Policy Statements

## American Heart Association/American Stroke Association Stroke Association Principles for Palliative Care

### Introduction

The American Heart Association (AHA) and the American Stroke Association (ASA) are committed to providing the highest quality of care for all patients. This document outlines the principles for palliative care that we believe are essential for ensuring that our patients receive the best possible care.

Palliative care is a medical specialty that focuses on relieving the suffering of patients and their families. It is an integral part of the medical care that all patients should receive.

The goal of palliative care is to improve the quality of life for patients and their families. This is achieved by addressing the physical, emotional, and spiritual needs of patients and their families.

Palliative care is not just for the end of life. It can be provided at any stage of a serious illness.

The American Heart Association and the American Stroke Association believe that all patients should have access to palliative care. We are committed to working with our colleagues to ensure that this is the case.

### Background

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2. Adler, ED et al. Palliative Care in the Treatment of Advanced Heart Failure, *Circulation*, 2009;120:2597-2606.
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14. Adler, ED et al. Palliative Care in the Treatment of Advanced Heart Failure, *Circulation*, 2009;120:2597-2606.
15. Connor, SR, Comparing Hospice and Nonhospice Patient Survival Among Patients Who Die Within a Three-Year Window, *J Pain Symptom Manage* 2007;33:238e246.
16. Chen, Jersey, MD, MPH. et al. National and Regional Trends in Heart Failure Hospitalization and Mortality Rates for Medicare Beneficiaries, 1998-2008,











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### Residents' Acceptance of Smoke-Free Policies

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### Multi-Unit Housing Owners' Acceptance

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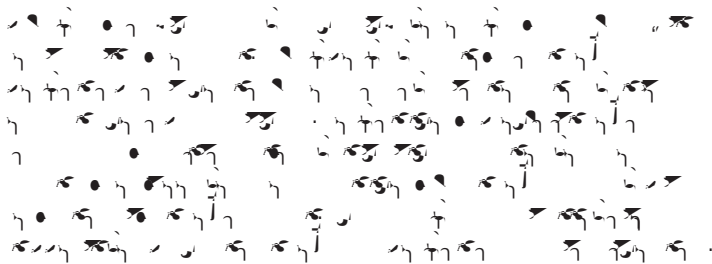
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### Voluntary vs. Mandatory Implementation

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### Conclusion

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## References

1. Hyland A, Higbee C, Travers MJ, et al. Smoke-free homes and smoking cessation and relapse in a longitudinal population of adults. *Nicotine Tob Res.* 2009; 11(6):614–618.
2. Mills A, Messer K, Gilpin E, Pierce J. The effect of smoke-free homes on adult smoking behavior: a review. *Nicotine Tob Res.* 2009; 11(1):1131–1141.
3. King, B. A., Mahoney, M. C., Cummings, K. M., & Hyland, A. J. Intervention to promote smoke-free policies among multiunit housing operators.





# Policy Position Statements

## Promoting Cardiovascular Health Tobacco

### FDA Regulation of Tobacco

The FDA's regulation of tobacco products is a critical step in reducing the public health burden of tobacco-related diseases. The agency's authority to regulate tobacco is derived from the Food, Drug, and Cosmetic Act, which grants the FDA jurisdiction over products that are "intended to be used for smoking, chewing, or inhaling." The FDA's regulation of tobacco is a complex and ongoing process, and it is essential that the agency continue to work closely with the public and industry to ensure that tobacco products are safe and effective.

### Excise Taxes

Excise taxes on tobacco products are an important source of revenue for the federal government and a key tool for reducing tobacco consumption. The current excise tax structure is based on the weight of the tobacco product, and it is essential that the tax be increased to reflect the true cost of tobacco to society. The current excise tax structure is based on the weight of the tobacco product, and it is essential that the tax be increased to reflect the true cost of tobacco to society.

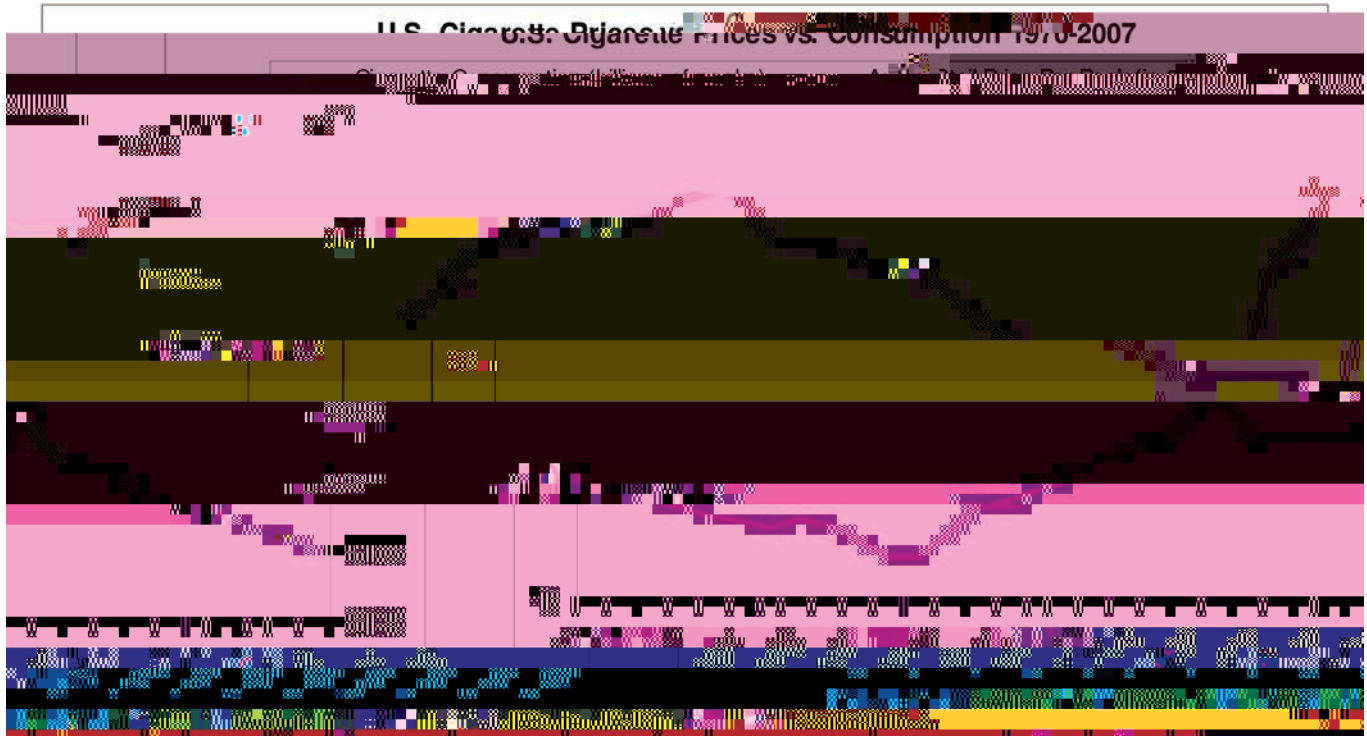
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### Reference

1. Campaign for Tobacco Free Kids. State cigarette excise tax rates and rankings. December 13, 2012. Available at <http://www.tobaccofreekids.org/research/factsheets/pdf/0097.pdf>. Accessed online January 7, 2013.

### Clean Indoor Air Laws

Clean indoor air laws are essential for protecting public health and the environment. The current indoor air quality standards are outdated and do not reflect the latest scientific research on the health effects of indoor air pollution. It is essential that the EPA update its standards to reflect the latest scientific research and to ensure that indoor air quality is protected for all Americans.



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## Physical Activity Guidelines for Americans

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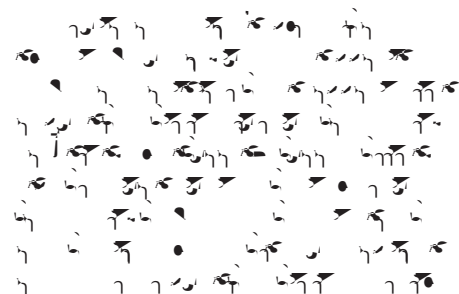
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### Top 10 Things to Know: Population Approaches to Improve Diet, Physical Activity, and Smoking Habits

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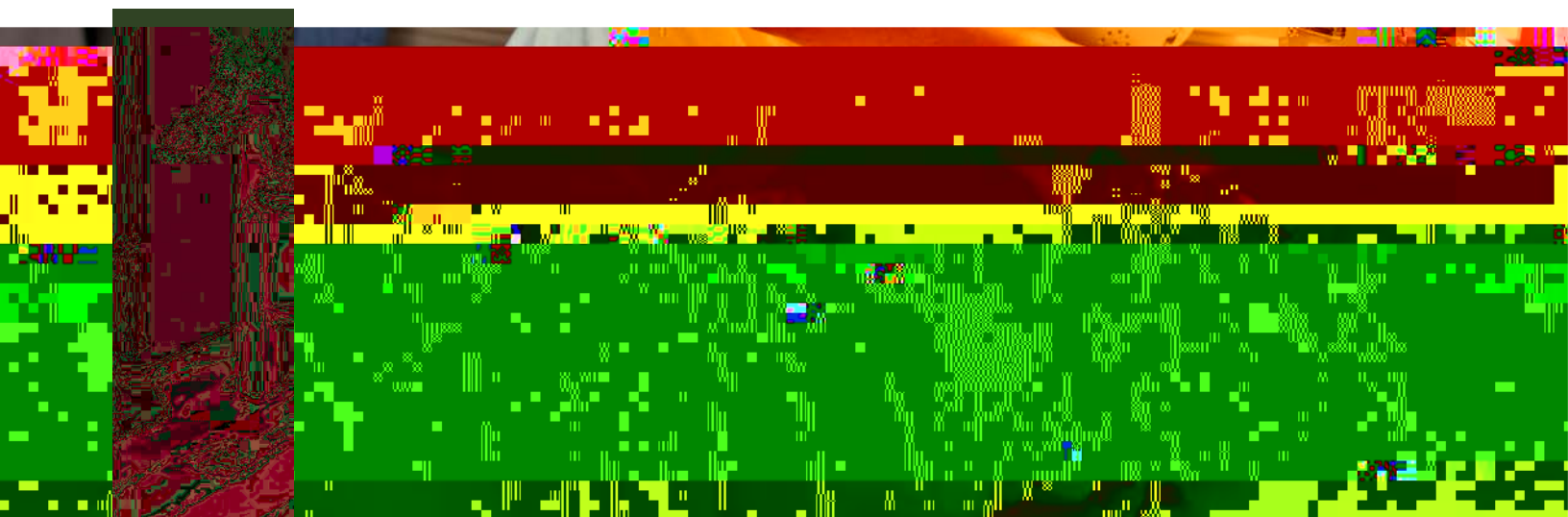
### Shared Use of School Facilities

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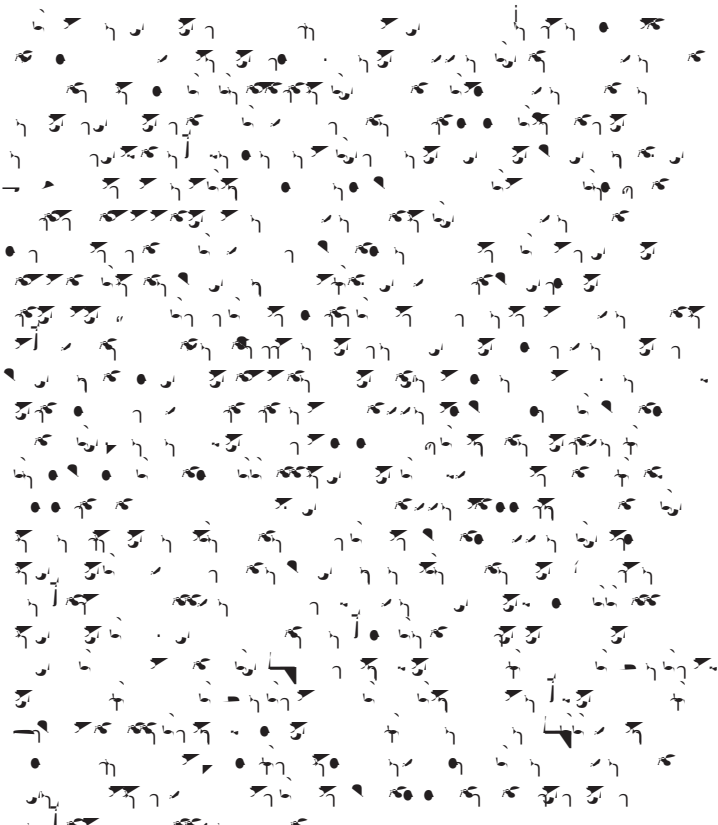
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**Prevention, Diagnosis, and Treatment of Child and Adolescent Obesity in the Healthcare Environment**



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**Top 10 Things to Know: Change Agents for Obese Children**  
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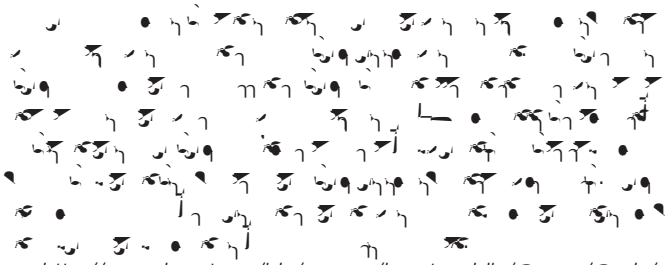
**Top 10 Things to Know: Approaches to the Prevention and Management of Childhood Obesity: The Role of Social Networks and the Use of Social Media and Related Electronic Technologies**  
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**Body Mass Index (BMI) Screening and Surveillance in Schools**



## Obesity Prevention and Health Promotion in Child Care Settings

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## Chemicals in the Environment and the Impact on Obesity

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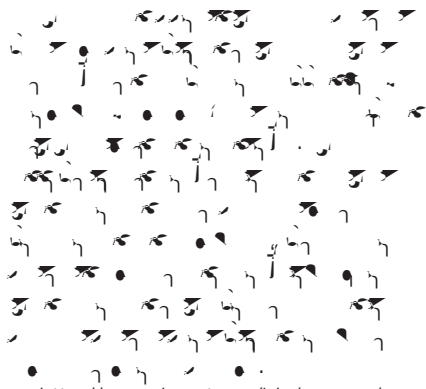
# Access to Quality Health Care

Pulse Oximetry Screening

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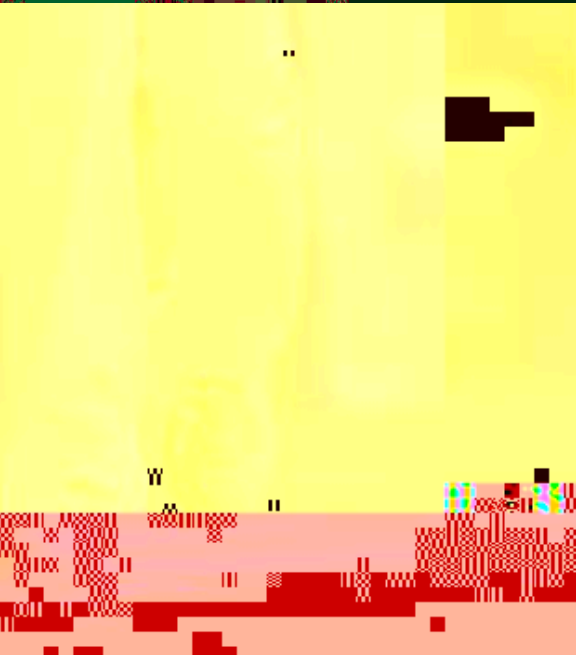




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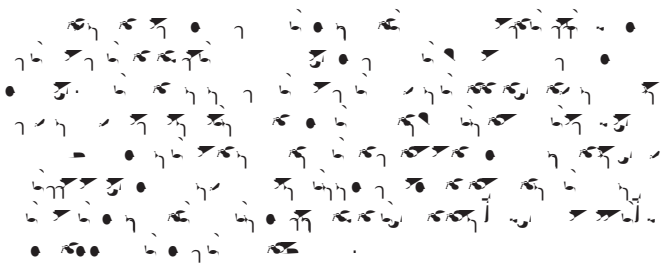


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# Cardiovascular Care

## **Systems of Care for Acute Cardiovascular Conditions**

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### **Top 10 Things to Know: Cardiovascular Disease**

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### **Rural and Community Access to Emergency Devices: Sudden Cardiac Arrest**

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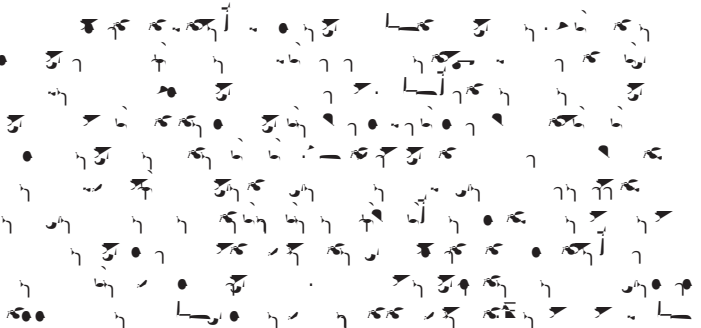


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# Quality of Care

## Women and CVD

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