









CALL TO ACTION: MATERNAL HEALTH AND SAVING MOTHERS

Maternal mortality is alarmingly high at about 700 deaths a year in the United States (US), with cardiovascular disease the leading cause of pregnancy-related death. As such, the American

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The American Heart Association believes every person deserves the opportunity for a full, healthy life and is committed to advancing cardiovascular health for everyone by identifying and removing barriers that stand in the way of this goal. Legislation is being introduced in states to limit access to care and sports participation for youth who are transgender. Physical activity is one of the most important lifestyle behaviors people can incorporate into their lives to improve physical health, mental health and overall well-being. Everyone, including children and adolescents, can benefit from physical activity. The American Heart Association supports efforts to eliminate policies that discriminate against participation in physical activity and sports participation based on sex, including sexual orientation or gender identity.

The American Heart Association also has a strong history of leading efforts to improve access to care in the United States. The Association believes that all efforts to create barriers to accessing care are harmful to patients and increase inequities. Care plans and treatments should be evidence-

based and determined by providers, patients, and their families, not by legislative or regulatory bodies. Transgender youth should be able to participate in sports and physical activity based on their gender identity.



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Issue	American Heart Association Supports	Key Points
Comprehensive Multi-Unit Smoke-free Housing Policies	Comprehensive smoke-free multi-unit housing policies that ensure the complete elimination of secondhand and thirdhand smoke exposure, including electronic vapor.	- With the increased popularity of e-cigarettes and potential harm of e-cigarette vapor, nicotine vapor products need to be included in smoke free policies. 1 N J c a L U A a L A a L r U V n L U A a L o ` c] N N z k c o s n N k c o N o
Comprehensive Multi-Unit Smoke-free Housing Policies Equitable Enforcement	Smoke-free multi-unit housing policies that promote cessation and other supportive approaches for violators of smoke-free policies rather than worsen existing disparities.	- Penalties for violations of smoke-free policies should focus on community-driven, cessation, and restorative strategies rather than punitive punishments. - Societal and structural factors should be considered when assessing for violations of smoke-free policies. - Promotion and access to tobacco cessation services should be a primary strategy when addressing policy violators.
Public and Private Multi-Unit Smoke-free Housing Policies	A comprehensive approach to smoke-free multi-unit housing which should include a variety of policy levers that address both pu 482 >>BDC 0.02 Tw T* [(Enf)13 (or)18 (c)10 (em-,D 49v)5 (ers(ors.)em-)]0MCID address both pu 48217 (essin/	



With 130,930 K-12 schools across the country educating more than 55 million students, there is tremendous opportunity to impact child and adolescent health and well-being with effective policy levers around physical education and physical activity. Physical activity before, during and after school, and active transportation to and from school are important ways children and adolescents can equitably access physical activity opportunities that are essential for their overall health and well-being. This is more important than ever with the impact of the COVID-19 pandemic on children's health, social, and emotional well-being. The Whole School, Whole Community, Whole Child Model and the Comprehensive School Physical Activity Plan (CSPAP) are fundamental for

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