

Legacy of





B

D

C

A

E

B

E

C

D

Keeping active

D

C

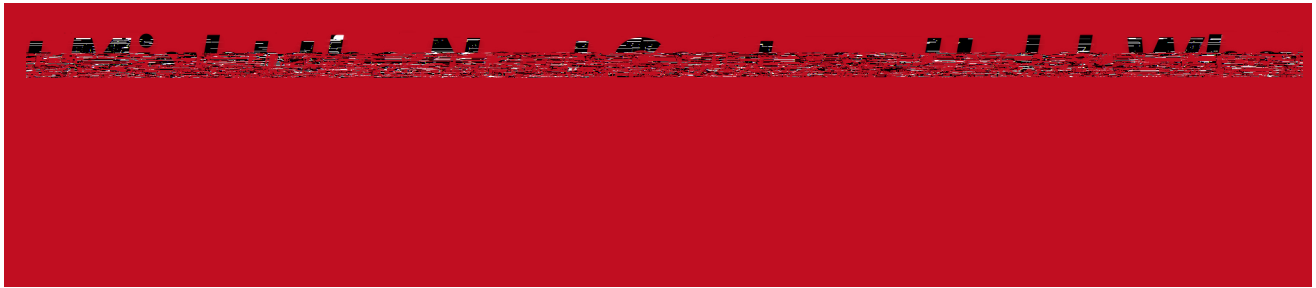
Getting technical

F

Stepping out

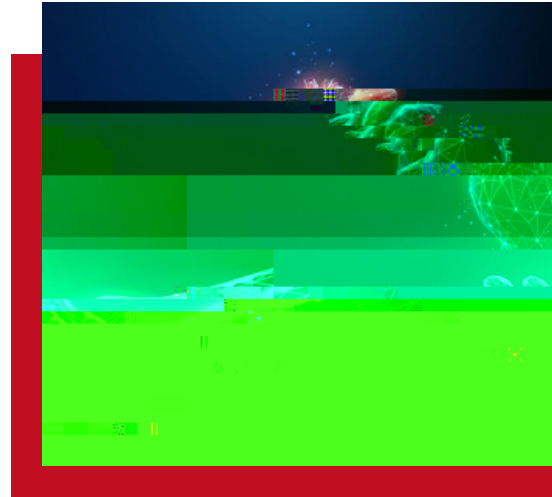
A





The past century brought profound advances in the understanding and treatment of cardiovascular disease, leading to dramatic reductions in deaths linked to heart disease and stroke. But what will the next 100 years bring?

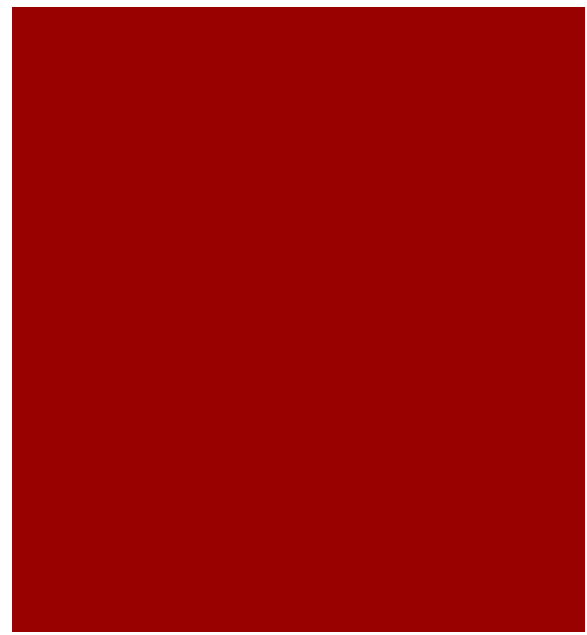
While no one can say for certain, experts point to three areas they expect may play a crucial role in the decades ahead: a push to halt the rise of car



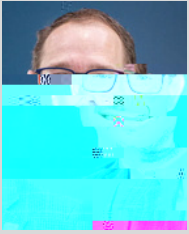


V`cc y

[Read More Here](#)







Darin R. Shebesta,
CFP®, AIF®, CAP®, CPFA®

, ^s~ Nrkfk-°^0 *3Jg0 !63g0 *!Jg0 *J3!g s- ©^--sj~^°k ^fj±° } ^zs~q ^ isppk~k~gk s~ °rk
{sflk- ip i°rk~x ! *k°spski 3s~^~gs^ { J{^~k~g ©~ipk--sj~^° !gg~kis°ki 6~flk-° } k~°
3si±gs^~1g0 *r^°k~ki !i fls-j s~ Jrs{^~°r~j©~1g0 ^~i *k°spski J{^~ 3si±gs^~1 !i fls-j~g0 rk
k } ©j · k~ g{sk~°- °j ©±~±k °rks~ ©^--sj~ p~j {spk °r~j±qr s~°kq~^°ki ^~i gj } ©~krk~--sflk
ps~^~gs^ { ©{^~s~q ^~i s~flk-° } k~° } ^~^qk } k~°0 °^zs~q ^ ©^°sk~° ^~i k } ©^°rk°sg
^©©~j ^grx

Prk p~kqjs~q s~p~j } ^°j~ r^~ fkk~ j f°^s~ki p~j } -j±gk~gj~sik~ki °j fk~k{s^f{k0 f±° · k i j ~j° q±^~^°kk °r^°s°s- ^gg±^°k j~gj } ©{k°k0 s°s- ~j° ^-°^°k } k~° ip
^{{ ^fl^s{^f{k i^°^~kgk--^~1 p~j } ^zs~q ^~s~flk-° } k~° i kgs~sj~0 ^~i s° i j k~ ~j° gj~°s°±°k ^~kgj } } k~i^°j~x !~1 j©s~sj~ ^~k °r~j~k ip , ^s~ Nrkfk-°^ ^~i ~j°
~kgk--^~s{° r~j~k ip M^1 } j~i ; ^ } k~x , j~j~ ^~k ±~qki °j gj~±{° °rks~ ^°j~k~1~0 ^ggj±~°^~° j~°^, ^i fls-j~ s° r~k~°kg° °j «±k~°s~j~ ~k{^°s~q °j °rk iki±g°fs{s°1
ip fl^°s~j±- °2©k~ j p gj~°s f±°s~j~ °j ^ , j~j~i ! i fls~ki 3±~i p~j~pki k~^ { ^~i -°^°k ^, ©±~©j~k~x 6~flk-° } k~° ^i fls-j~1 -k~flsgk~ jppk~ki °r~j±qr M^1 } j~i ; ^ } k~
3s~^~gs^ { Nk~flsgk~ ! i fls-j~0 6~gxx Jj~--sfs{s°1 Wk^°r ! i fls-j~ s~ ~j° ^~kq~°k~ki f~jzk~äik^ {k~ ^~i s~ s~ik~k~ik~° ip M^1 } j~i ; ^ } k~ 3s~^~gs^ { Nk~flsgk~x Nkg±°s~k~
jppk~ki °r~j±qr M^1 } j~i ; ^ } k~ 3s~^~gs^ { Nk~flsgk~j 6~g^0 } k } fk 36@M! ä N6J*x *k°spski 3s~^~gs^ { J{^~k~ } j~i ip N°^~j~i - 6~gx j · ~ °rk gk~°psg^°j~ } ^~z- *3Jg
^~j * .MP636. , 36@!@*6!=J=!!@@.Mg !00
j 6~~

