



American
Heart
Association.

ANSWERS
by heart



Trea men + Te



American
Heart
Association.

Call 1-800-AHA-USA1 (1-800-242-8721) or visit heart.org to learn more about heart disease and stroke.

Sign up for our monthly e-news for heart patients and their families at HeartInsight.org.

Connect with others sharing similar journeys with heart disease and stroke by joining our Support Network at heart.org/SupportNetwork.

Take a few minutes to write down questions for the next time you see your health care professional.

For example:

