



Heart
Foundation

HEART.ORG/HCM

HYPERTROPHIC CARDIOMYOPATHY

Hypertrophic cardiomyopathy (HCM), the most common inherited heart disease, can affect people at any age. It occurs when the walls of the heart thicken and stiffen. As a result, the heart JUA`INno Lca,r €^^ sk cn ks`k I^ccL csr ALNmsArN^{™

HCM is chronic. It can get progressively worse and result in you being less able to do the activities you love. But early diagnosis, management and treatment may help reduce some of the kcrNarVA^ JcaoNmsNaJNo\$ V`kncxN csrJc`No AaL ^NAL rc TccL msA^

WORKING WITH YOUR HEALTH CARE PROFESSIONALS

Team up with your health care professionals to monitor and manage your condition. Discuss the

