

Recognizing special needs beyond medical care is important for children and adults living with congenital heart defects (CHD), according to the American Heart Association.

Psychological Care

People born with heart defects may experience psychological and social challenges from infancy through adulthood.

- Children with more complex CHDs are five times more likely to get an anxiety diagnosis in their lifetime compared to children without CHD.
- For adults with CHD, the rate of experiencing a mood or anxiety disorder is about 50%, compared

Sources:

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