

Heart disease is the leading cause of death for men of most racial/ethnic groups in the U.S., including African Americans, American Indians or Alaska Natives, Hispanics, and whites. For Asian American or Pacific Islander men, heart disease is second only to cancer.

Wh

#HealthPros Use this tool from @MillionHeartsUS to talk to men about their heart health:
<http://1.usa.gov/1KyAOps>. #HealthyIsStrong

#HealthPros This #MensHealthMonth, let men know good heart health = a gift to their families.
<http://1.usa.gov/1WLX4CN>

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Take medication as prescribed. Health professionals can help [dispel common myths](#) men may have heard about medication for high blood pressure or cholesterol.

Men need to know their risk and about ways they can reduce their risk for cardiovascular disease. When men take care of their heart health, they are taking care of their families too.