

# Advancing Stroke Systems of Care to Improve Outcomes

## Target: Stroke Phase III

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# ACUTE ISCHEMIC STROKE REPERFUSION THERAPY

The benefits of acute ischemic stroke treatment both with intravenous tissue plasminogen activator (tPA) or endovascular therapy are highly time dependent.

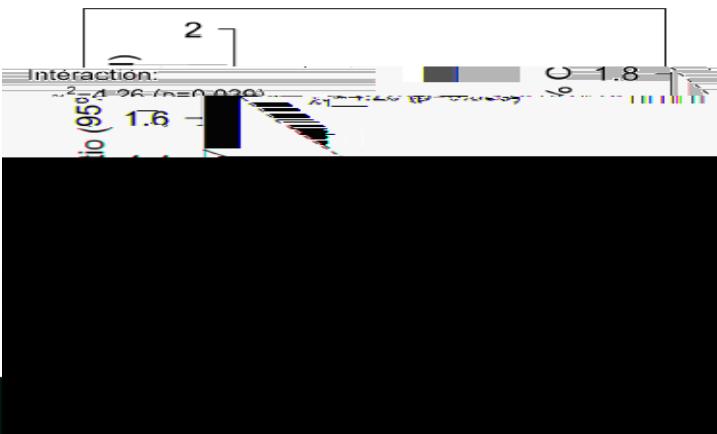
Shorter onset to treatment times are associated with improved functional outcomes, lower complication rates, and in some studies lower mortality.

Because of the importance of rapid treatment, AHA/ASA Guidelines recommend a door-to-QHGOH "71 WLPHRIT" PLQXWHVIRU, 9 DOWHSODVH

Yet prior studies indicated fewer than 30% of IV alteplase treated acute ischemic stroke patients in the United States were meeting this goal.

Fonarow GC, Smith EE, Saver JL, Reeves MJ, Bhatt DL, Grau-Sepulveda MV, Olson DM, Hernandez AF, Peterson ED, Schwamm LH. Timeliness of tissue-type plasminogen activator therapy in acute ischemic stroke: patient characteristics, hospital factors, and outcomes associated with door-to-needle times w

# EFFECT OF INTRAVENOUS ALTEPLASE IS TIME DEPENDENT



Trials –  
Pooled RCTs

Stroke 2016;47:2373-2379  
Circulation 2017;135:128–139

Practice –  
National GWTG-Stroke

mRS 0-1  
rate

## AHA/ASA Guideline Recommendations

EDs should establish standard operating procedures and protocols to triage stroke patients expeditiously (Class I, Level of Evidence B).

Standard procedures and protocols should be established for benchmarking time to evaluate and treat eligible stroke patients with rt-PA expeditiously (Class I, Level of Evidence B).

Target treatment with rt-PA should be within 1 hour of the patient's arrival in the ED (Class I, Level of Evidence A).



## TARGET: STROKE PHASE I

- Target: Stroke was initiated by the AHA/ASA as a national collaborative comprising a broad alliance of hospitals and clinicians.
- The goal of Target: Stroke was for GWTG participating hospitals to treat at least 50% of alteplase treated acute ischemic stroke patients within 60 minutes of hospital arrival.
- An expert working group performed a literature review to identify 10 key evidence-based strategies associated with timely alteplase administration that could be most rapidly and feasibly adopted by hospitals.

Fonarow GC et al. JAMA. 2014;311(16):1632-1640.

## TARGET: STROKE 10 KEY BEST PRACTICE STRATEGIES

1. Hospital pre-notification by Emergency Medical Services
2. Rapid triage protocol and stroke team notification
3. Single call/paging activation system for entire stroke team
4. Use of a stroke toolkit containing clinical decision support, stroke-specific order sets, guidelines, hospital-specific algorithms, critical pathways, NIH Stroke Scale and other stroke tools
5. Rapid acquisition and interpretation of brain imaging
6. Rapid Laboratory Testing (including point-of-care testing) if indicated
7. Pre-mixing alteplase medication ahead of time for high likelihood candidates
8. Rapid access to intravenous alteplase in the ED/brain imaging area
9. Team-based approach
10. Rapid data feedback to stroke team on each patient's DTN time and other performance data

Fonarow GC et al Stroke. 2011;42:2983-2989.



## TARGET: STROKE RESULTS: alteplase USE

The Target: Stroke intervention was also associated with an increase in alteplase use.

alteplase use in eligible patients arriving by 2 hours and treated by 3 hours: 64.7% pre- vs. 85.2% post-intervention, P<0.0001

alteplase use in eligible patients arriving by 3.5 hours and treated by 4.5 hours: 22.5% pre- vs. 63.9% post-intervention, P<0.0001

alteplase use among all acute ischemic stroke patients: 5.7% pre- vs. 8.1% post-intervention, P<0.0001

No evidence for unintended consequences with the intervention with alteplase use being avoided in patients who may have less favorable DTN times

## Clinical Outcomes Pre- and Post-Target: Stroke in Patients in Patients with Onset to Treatment Time within 4.5 Hours

Outcome	Pre- Target: Stroke (n=29,986 )	Post- Target: Stroke (n=53,234)	P Value	Unadjusted Odds Ratios (95% CI)	P Value	Adjusted Odds Ratios (95% CI)*	P Value*
In-Hospital Mortality	9.95%	8.08%	<0.000 1	0.79 (0.75-0.84)	<0.0001	0.90 (0.84-0.95)	0.0004
Discharge Home	37.6%	43.3%	<0.000 1	1.25 (1.20-1.29)	<0.0001	1.13 (1.08-1.17)	<0.0001
Ambulatory Status Independent	42.2%	45.9%	<0.000 1	1.16 (1.10-1.22)	<0.0001	1.02 (0.96-1.09)	0.4538
Symptomatic ICH	5.74%	4.74%	<0.000 1	0.81 (0.75-0.88)	<0.0001	0.84 (0.78-0.92)	<0.0001
Any alteplase Complications	6.75%	5.54%	<0.000 1	0.80 (0.75-0.86)	<0.0001	0.84 (0.78-0.91)	<0.0001

A 3D bar chart with three bars. The first bar is light blue, the second is orange, and the third is green. The chart has a light gray background with a grid. The bars represent values for three different categories.

Target: Stroke Phase II

## **TARGET: STROKE PHASE II**

**NATIONAL GOAL:**



- Target: Stroke Phase II was launched in 2014 with a goal of improving DTN times to Göttingen and stroke outcomes
- This study aimed to assess whether DTN times and outcomes could be further improved compared to Phase I
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Target: Stroke (2003–2009), Phase I (2012–2013), and Phase II (2014 to 2018) periods
- Treatment rates and clinical outcomes of hospital mortality, discharge home, and readmission rates adjusting for pre-hospital care time and stroke severity
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## **Time Trend in DTN Times within 60 and 45 Minutes Pre-Target: Stroke, Target: Stroke Phase I, and Target: Stroke Phase II**

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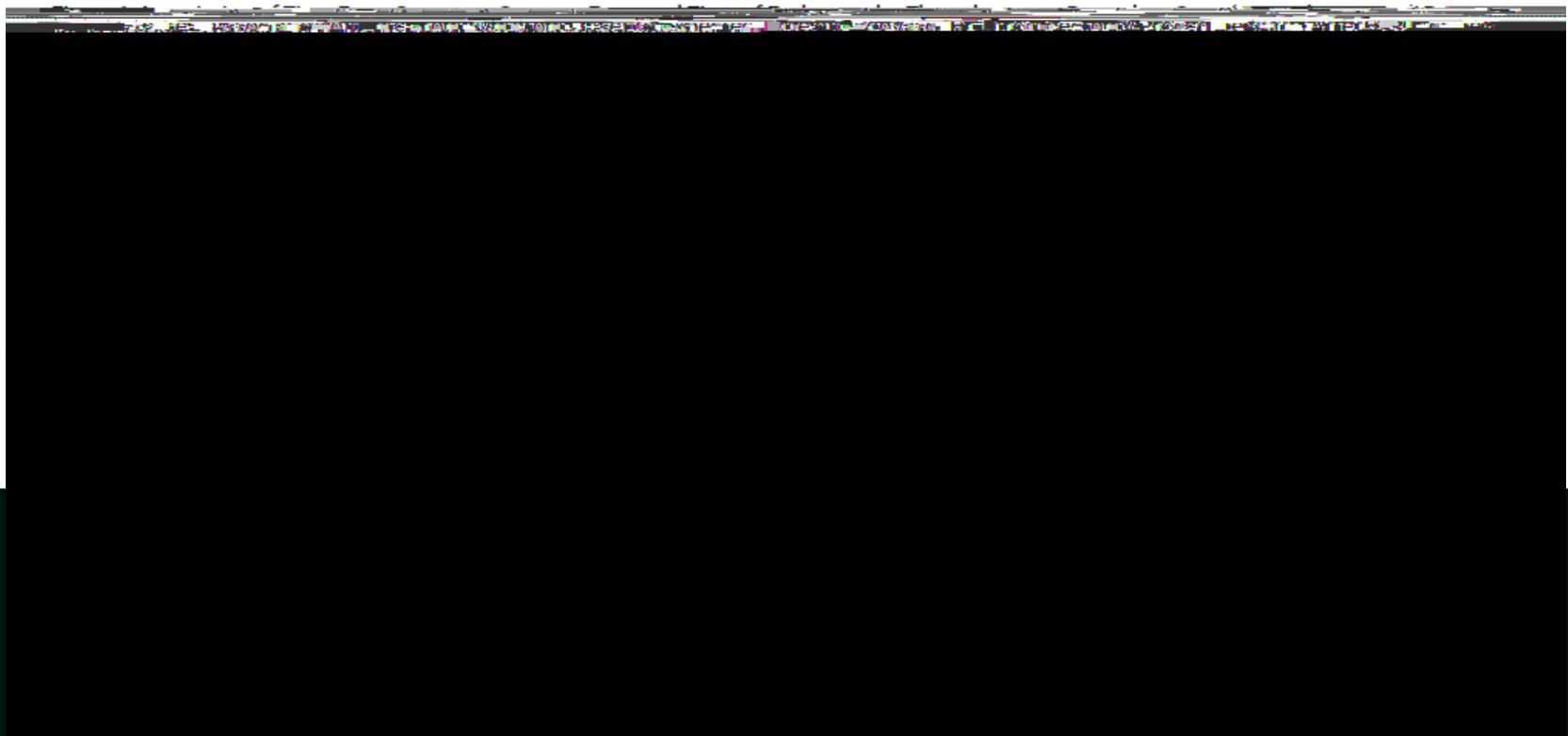
## Clinical Outcomes Pre-Target: Stroke, Target: Stroke Phase I, and Target: Stroke Phase II

Outcome	Pre-Target: Stroke (n=24,365)	Post-Target: Stroke Phase I (n=44,257)	Post-Target: Stroke Phase II (74,447)	P value	Adjusted OR 95% CI (Phase I vs Pre Target: Stroke)	Adjusted OR 95% CI (Phase II vs Pre Target: Stroke)
In-Hospital Mortality	10.0%	8.2%	6.2%	<0.0001	0.85 (0.80-0.91)	0.72 (0.67-0.77)
Discharge Home	35.8%	41.5%	49.0%	<0.0001	1.21 (1.16-1.27)	1.35 (1.27-1.45)
Ambulatory Status Independent	41.5%	44.6%	52.7%	<0.0001	1.05 (0.99-1.22)	1.35 (1.27-1.45)
Symptomatic ICH within 36 Hours	5.7%	4.5%	3.6%	<0.0001	0.79 (0.72-0.86)	0.67 (0.61-0.73)



# TARGET: STROKE PHASE III

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Figure 1 Endovascular Treatment Effect and Probability of Functional Outcome at Day 90

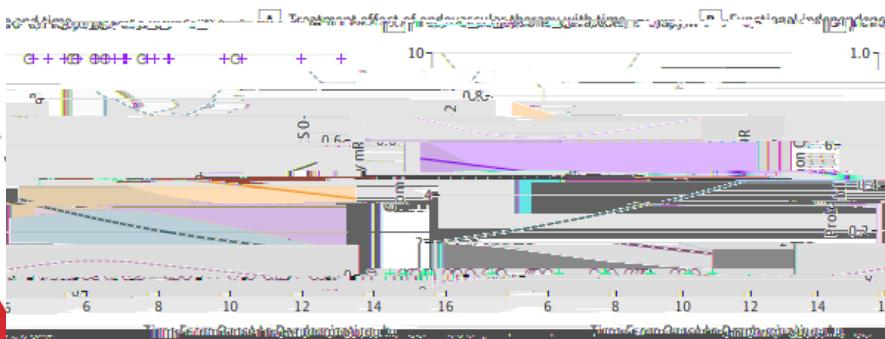
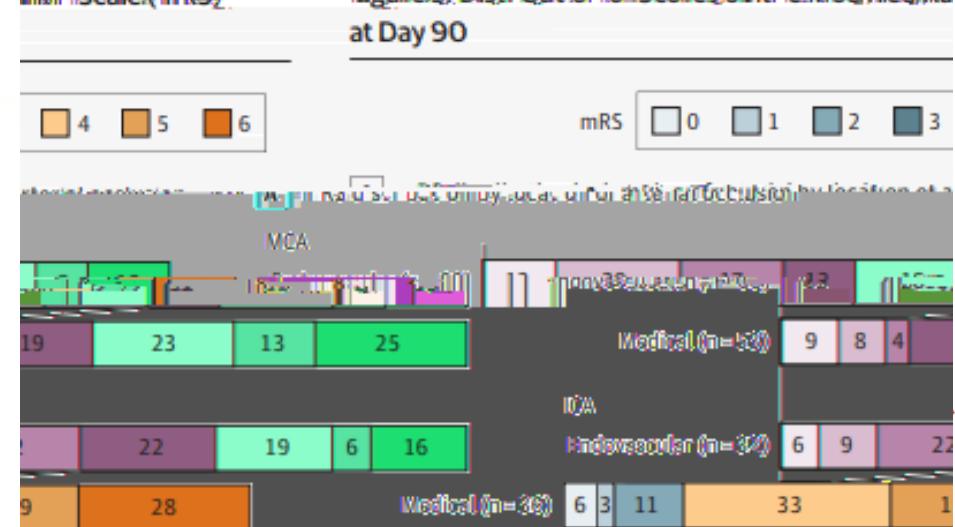


Figure 2 Distribution of Clinical Outcomes at Day 90 by Stroke Subtype and Treatment



## TARGET STROKE PHASE III NATIONAL GOALS

### PRIMARY GOALS:

- Achieve door-to-needle times within 60 minutes in 85% or more of acute ischemic stroke patients treated with IV thrombolytics
- Achieve **door-to-device** times (arrival to first pass of **thrombectomy** device) in 50% or more of eligible acute ischemic stroke patients within 90 minutes (for direct arriving patients) and within 60 minutes (for transfer patients) treated with endovascular therapy (EVT)

### SECONDARY GOALS:

- Achieve door-to-needle times within 45 minutes in 75% or more of acute ischemic stroke patients treated with IV thrombolytics
- Achieve door-to-needle times within 30 minutes in 50% or more of acute ischemic stroke patients treated with IV thrombolytics

# Target: Stroke Phase III Door -to -Device Time Key Best Practice Strategies

Target: Stroke advocates the adoption of these 12 key best practice strategies for reducing door-to-device times for endovascular therapy in acute ischemic stroke.

- í Rapid Administration of Alteplase
- í Rapid Acquisition and Interpretation of CT/MR Angiography
- í Rapid Acquisition and Interpretation of Additional Imaging
- ð PreNotification and Rapid Activation of the Neurointerventional Team
- ñ Rapid Availability of the Neurointerventional Team
- ò Timer or Clock Attached to Chart, Clip Board, or Bed
- ó Transfer Directly to Neuroangiography Suite
- ô Transfer Directly from Brain Imaging Suite to Neuroangiography Suite
- õ Xv } À • µ o Ø d Z Øneuroangiography Suite
- í Team Based Approach
- í iX

## TARGET: STROKE PHASE III RECOGNITION

- HONOR ROLL
- HONOR ROLL ELITE
- HONOR ROLL ELITE PLUS
- HONOR ROLL ADVANCED THERAPY





## Recognition Eligibility (continued)

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hospitals but this decision must be applied consistently to all to all endovascular  
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## Conclusions

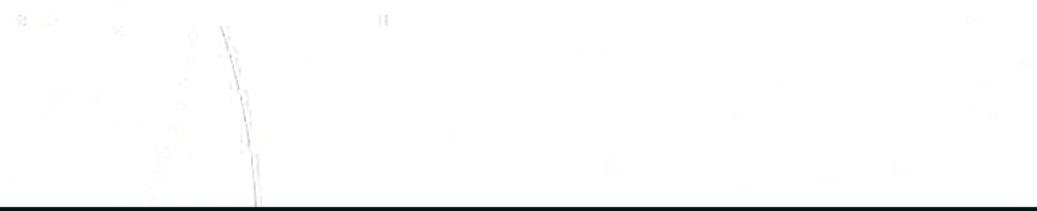
- Findings from Target: Stroke Phase I and II support the favorable impact of applying performance improvement techniques: identifying best practices, clinical decision support, guideline-driven care improvement tools, educational outreach, collaborative support, performance profiling, feedback, and recognition.
- Programs to facilitate rapid administration of thrombolytics such as Target: Stroke have substantially improved care and outcomes and should be applied globally
- Target: Stroke Phase II goals were achieved
- Target: Stroke Phase III aims to facilitate and incentive hospitals and stroke systems of care to provide IV thrombolytic and endovascular therapy to eligible patients with acute ischemic stroke in a timely fashion.
- Target: Stroke Phase III is designed to further improve care and outcomes for patients with acute ischemic stroke.

# TARGET: STROKE PHASE PMTUPDATE

# SUMMARY OF UPDATES

- **TARGET: STROKE 3 UPDATES**
  - Stroke / Limited form
  - MER form
  - Measures
- **ADDITIONAL MEASURE UPDATES**
  - DIDO measure
- **TJC LAYER UPDATES**
  - STK-OP-1 and CSTK-01 added to STK layer
  - ASR-IP and ASR-OP measure bundles
- **OPERATIONAL UPDATES**
  - Removed error when not completing advanced imaging questions
  - CSTK benchmarking error when running CSTK-10 report
  - New filter options
  - Additional items

# STROKE FOR REASON FOR DELAY IN IV ALTEP BASE MINUTES



# MER FORMADDED “DOCUMENTATION OF FIRST PASS” DATA ELEMENT

A screenshot of a medical record interface. A specific question is highlighted with a red box and a red arrow pointing to it. The question is: "Is there documentation in the medical record of the first pass time and date of the following procedure attempted during this episode of care: stroke in the cerebral artery, at this hospital?". Below the question, there is a text input field and a date/time picker labeled "MM/DD/YYYY HH:MI". To the right of the input fields, there is a note: "\*Added".

/ & ^t • u Z v] o v }À • µ o Ø procedure attempted during this episode of care ~ š Z ]• Z }•‰ ]š o • M \_ A z • question is required

- š } D Z ( ) Ø u P Ø } µ % (previously only on Comprehensive layer)
- Used for collection of first pass time for Target: Stroke Advanced

# MER FORM DOCUMENTATION OF FIRST PASS

**Catheter-based/Endovascular Stroke Treatment**

What is the date and time of skin puncture at this hospital to access the arterial site selected for endovascular treatment of a cerebral artery occlusion? MM/DD/YYYY HH24:MI

Was a mechanical endovascular reperfusion procedure attempted during this episode of care (at this hospital or another hospital)?

Reasons for selection of endovascular treatment over other treatments:

- Significant pre-stroke disability (pre-stroke mRS > 1)
- Cerebral revascularization could not be initiated within 6 hours of symptom onset
- Technical issues - unfavorable vascular anatomy that limits access to the arterial entry

Reasons for not performing mechanical endovascular reperfusion therapy (select all that apply):

- Patient/family refusal
- Allergy to contrast material
- Equipment-related delay
- No endovascular specialist available
- Poor stroke diagnosis
- Vascular imaging not performed
- Advanced age
- Other

Retrievable stent:

- Other mechanical retrievable device besides stent retrieval
- Stent retrieval

Device at this hospital?

- Cervical carotid angioplasty, with or without permanent stent
- Other

MM/DD/YYYY HH24:MI

What is the date and time of skin puncture at this hospital to access the arterial site selected for endovascular treatment of a cerebral artery occlusion? MM/DD/YYYY HH24:MI

Was a mechanical endovascular reperfusion procedure attempted during this episode of care (at this hospital or another hospital)?

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- Advanced age
- Other

Retrievable stent:

- Other mechanical retrievable device besides stent retrieval
- Stent retrieval

Device at this hospital?

- Cervical carotid angioplasty, with or without permanent stent
- Other

NDSS < 6

MM/DD/YYYY HH24:MI

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# UPDATED TARGET: STROKE MEASURES

**REPORT 1**

GWIG Standard Measures: \*\*GWIG Target Stroke Set\*\*  
GWIG Enhanced Version & Special Initiative Measures: IV Alteplase. Arrive by 3.5 Hour Treat by 4.5 Hour.

Reported  
ing

Historic Measures: % No IV Alteplase 3 Hour  
Format: % No IV Alteplase 4.5 Hour

**REPORT 1**

GWIG Enhanced Version & Special Initiative Measures: Reasons for No IV Alteplase (Hospital-Related)  
Reasons for no IV Alteplase

Therapy - 30 min  
Therapy - 45 min  
Therapy Times

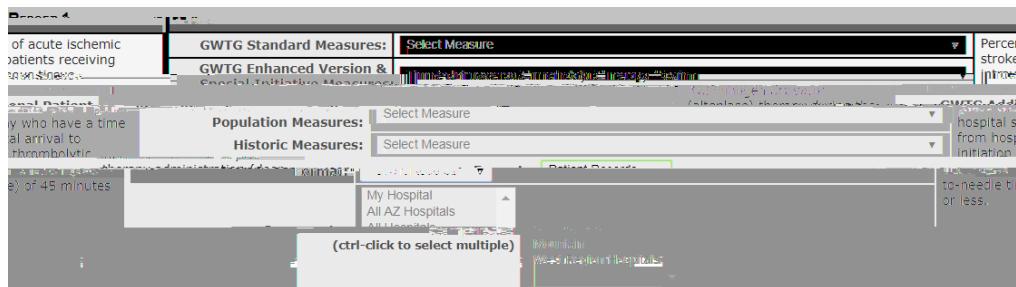
GWIG Additional Patient Population Measures:  
Time to Intravenous Thrombolytic

Added:

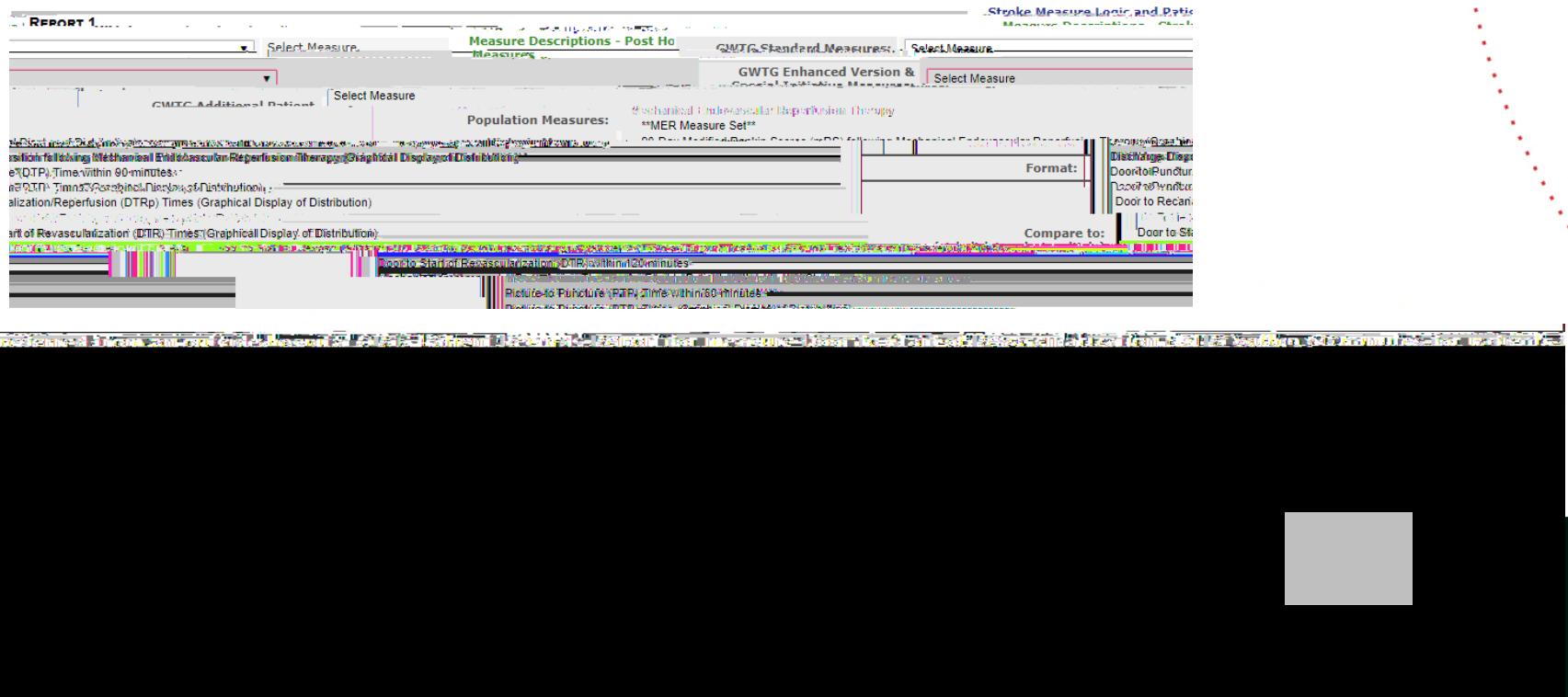
- Door-in-Door-Out Times at First Hospital Prior to Transfer for Acute Therapy
- Time to Intravenous Thrombolytic Therapy 30 min
- Door to Start of Therapy 30 minutes for patients transferred from an outside hospital OR 90 minutes for patients presenting

New Reporting Measures

# UPDATE "TIME TO INTRAVENOUS THROMBOLYTIC THERAPY 45 MIN" MEASURE LOGIC

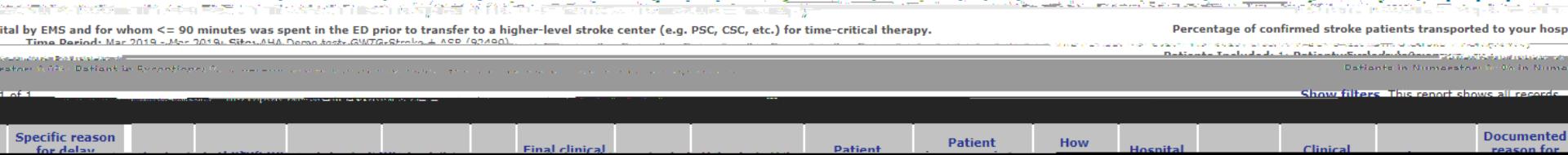
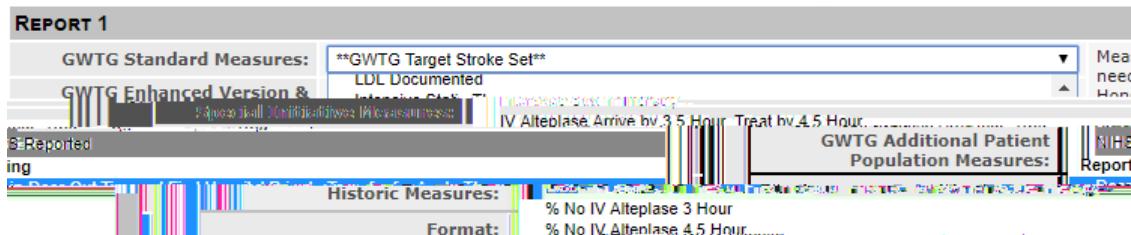


# ADDED MEASURE DOOR TO START OF REVASCULARIZATION

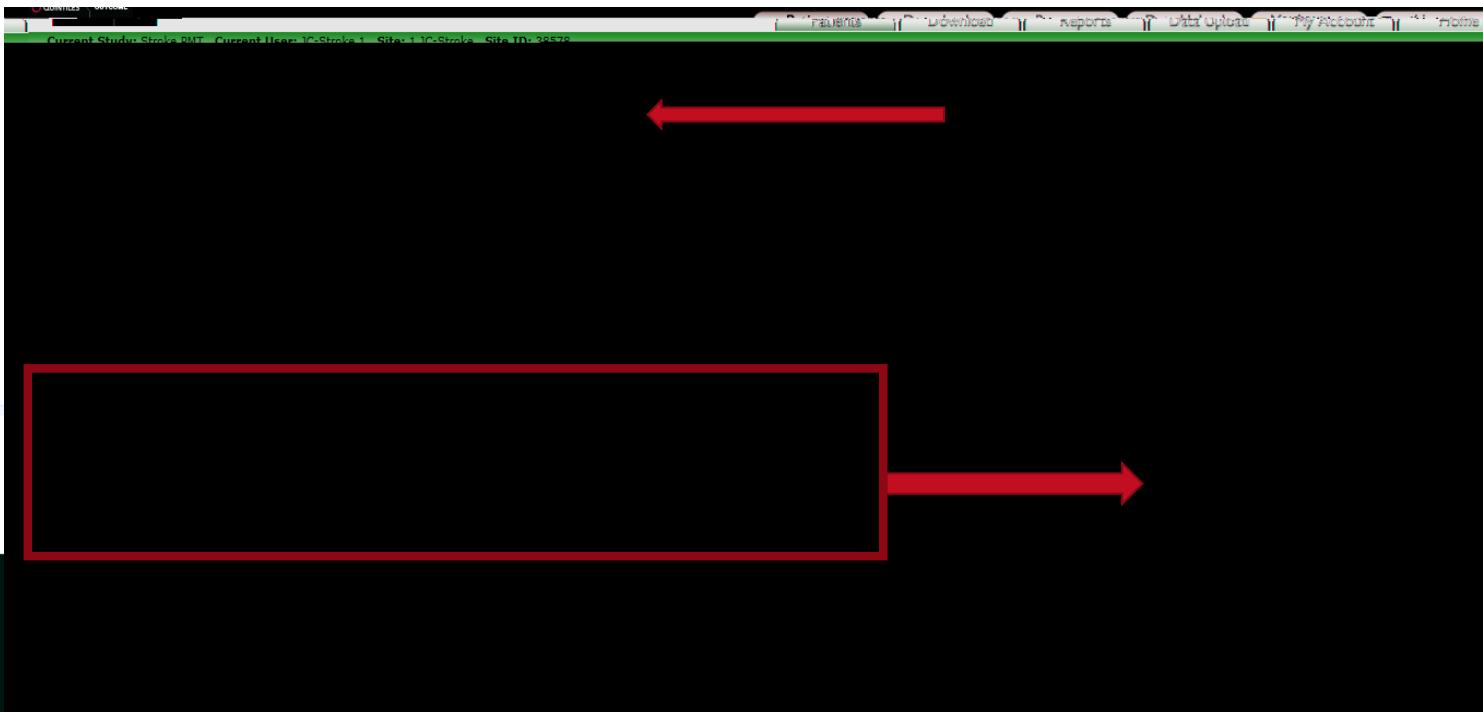


# ADDITIONAL MEASURE UPDATES

# DOORIN-DOOROUT TIMES AT FIRST HOSPITAL PRIOR TO TRANSFER FOR ACUTE THERAPY



## REASON FOR TRANSFER



# STROKE FORM<sup>TM</sup>

## REASON FOR DELAY IN TRANSFER

The screenshot shows a software application window titled "STROKE FORM™". At the top, there is a "Discharge Date:" field with a date selector set to "02/01/2010" and a time selector set to "10:40". Below this is a large blacked-out rectangular area. In the lower-left portion of this area, there is some redacted text starting with an asterisk (\*), followed by "AE", "%o", and "S". A mouse cursor is positioned over the "S" character. To the right of the cursor, there is a small bracketed group of characters: "}" and "v". The entire redacted area is bounded by a thick red border.

(Door-in-Door-Out Times at First Hospital Prior to Transfer for Acute Therapy)

\*Removed from the denominator if present and numerator is not met

# INTENSIVE STATIN THERAPY (QUALITY MEASURE)

**REPORT 1**

GWIG Standard Measures: Select Measure

GWIG Enhanced Version 8.

GWIG Additional Patient

Population Measures:

Patient Records

Format:

Print | Export to Excel | Export to .csv

**Patient Records Report for measure Intensive Statin Therapy**

Percentage of Ischemic Stroke and TIA patients who are prescribed high-intensity statin therapy at discharge OR, > 75 years of age, are prescribed at least moderate-intensity statin therapy at discharge.

Time Period: Jan 2019 - Mar 2019. Filter: IC-Stroke (39378)

Patients in Numerator: 0.0% in Numerator: 0.0% Patient in Exceptions: 0

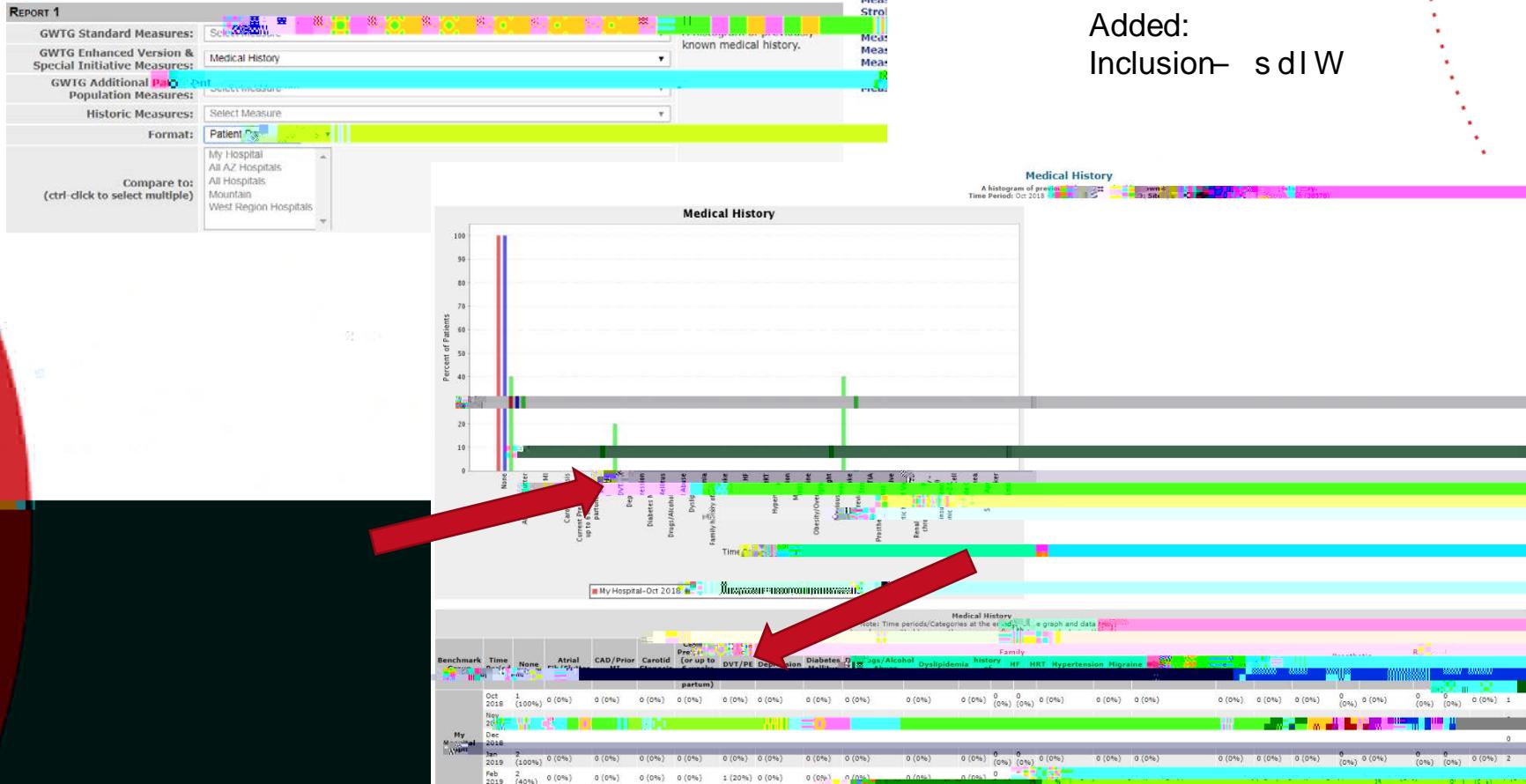
Show filters This report shows all records. 6 of 6

Patient ID	Included in Results?	In Numerator?	Exception?	Discharge Date	Age	Patient location when stroke symptoms disseminated	Final clinical diagnosis related to stroke	When is the earliest documentation of comfort measures only?	Discharge Status	Discharge Disposition	Evidence of Atherosclerosis	Intensive Statin Therapy	Not admitted	Clinical Trial	Elective Cardiol Intervention	LDL	Cholesterol Reducing Tic	Statin Medium	Reason for Not Prescribing Statin	Stroke Score
12345	Included	No	No	01/29/2019	27	Ischemic Stroke		8 Not Documented or Unable to Documenting (UTD)				Not patient admitted as inpatient	No	No	No	100	Yes	Statins	Medication at Discharge	1
PAT01	Included	No	No	02/01/2019	56	Ischemic Stroke	4 - Not Documented/UTD					No, patient admitted as inpatient	No	No	No	100	Yes	Statins	Medication at Discharge	1
PAT19	Included	No	No	02/07/2019 00:00	56	Ischemic Stroke						No, patient admitted as inpatient	No	No	No	100	Yes	Statins	Medication at Discharge	1
I234	Excluded			01/01/2019 01:00	28							No, patient admitted as inpatient				100	Yes	Statins	Medication at Discharge	1
numfilter01	Excluded			02/11/2019 00:00	31	Not in a healthcare setting	Stroke	2 Home	ICU	admitted as inpatient		No - contraindicated				100	Yes	Statins	Medication at Discharge	1
PAT28	Excluded			02/27/2019 00:00	9	Stroke occurred after hospital arrival (in ED/Ob/patient)	Ischemic Stroke					Yes	No, patient admitted as inpatient				Statins	Amlodipine + Atorvastatin (Caduet)	Medication at Discharge	5/80 No

Data is being used for quality improvement only. Confidentiality is maintained while maintaining quality improvement. Analytic data is intended for internal quality improvement, communication required for external reporting.

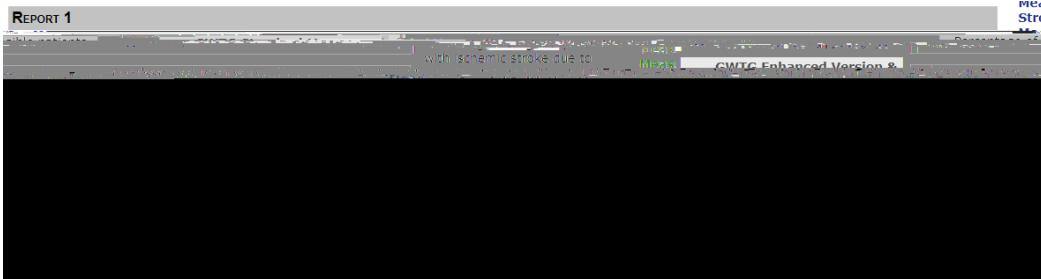


# UPDATED MEDICAL HISTORY MEASURE



Added:  
Inclusion- s dI W

# UPDATE MECHANICAL ENDOVASCULAR REPERFUSION THERAPY FOR ELIGIBLE PATIENTS WITH ISCHEMIC STROKE MEASURE



Added:  
Inclusion-M2  
 $\Delta E > \mu$  • Allergy to  
contrast material

# TJC LAYERS

## ADDED: ASRP AND ASROP MEASURE GROUPS



# ADD CST-Q1 REPORT TO STK LAYER

Configurable Measure Reports

Generate Report

TIME PERIOD	Interv
STK-5	
STK-6	
STK-8	
STK-10	

Calculate Measure Name

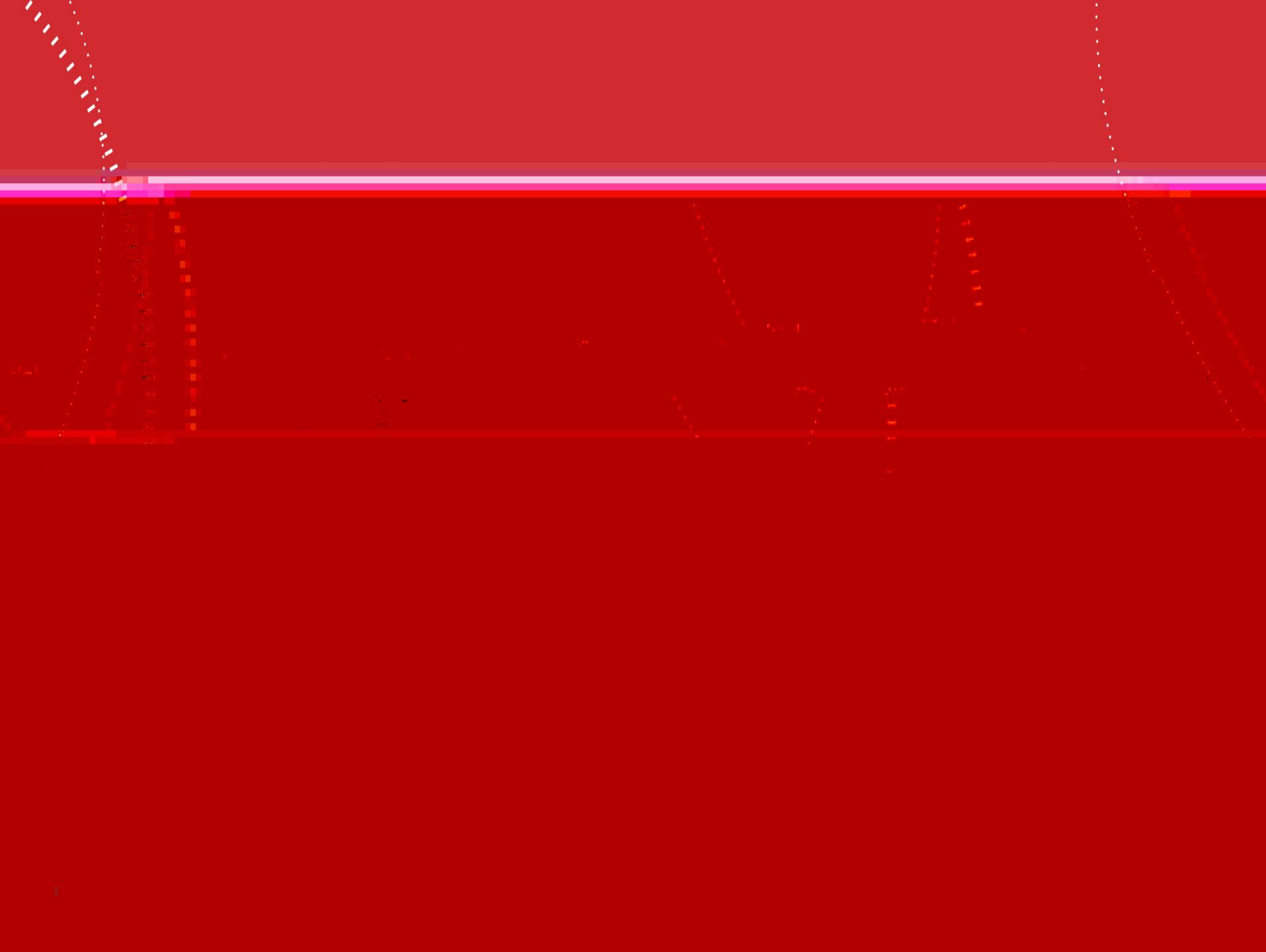
Included from the measure based on the data

Measure Name	Status	Reason
Q1 Readmissions	Excluded	Patient provided
Q1 Mortality	Excluded	Patient provided
Excluded for Q1 Mortality	Excluded	Patient provided

is excluded from the measure based on the data

• Also added to \*\*STK Measure Set\*\*

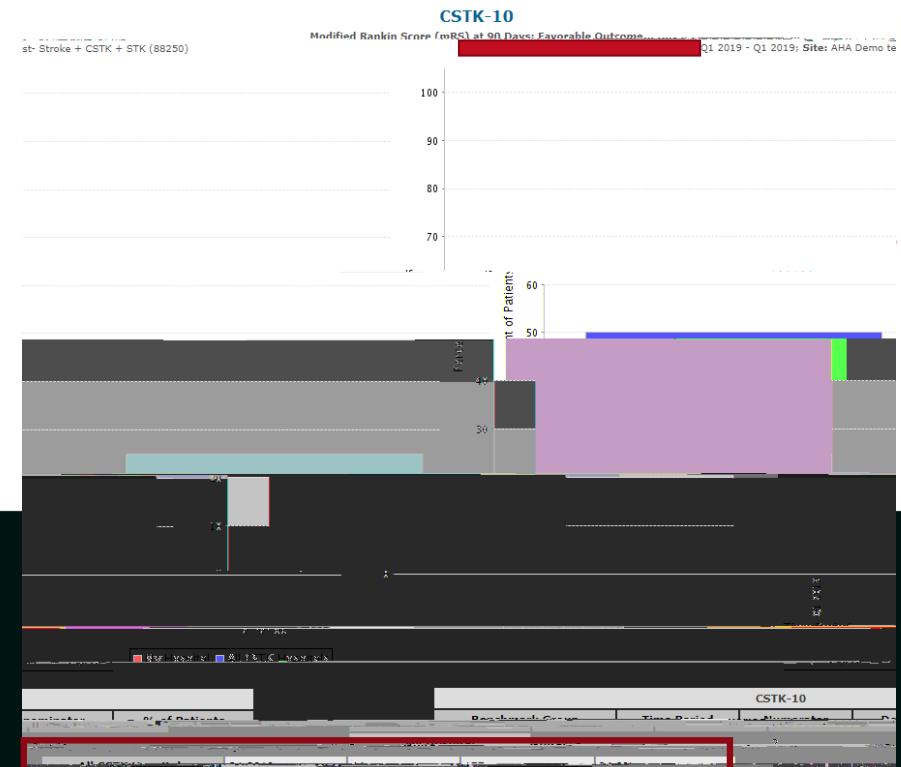
- Also added to \*\*STK Measure Set\*\*





# FIXED “ALL CSTK HOSPITALS” BENCHMARK ERROR

Zero cases reporting in Ze update:



## NEW FILTER OPTIONS



02 03 04 05 06 07 08 09 10



## ADDITIONAL ITEMS

- UPDATE USER INACTIVITY TIMEOUT TO 15 MINUTES FOR PMT (ALL)
- UPDATED – CHANGED “TPA” TO “ALTEPLASE IN ALL TJC AND GWTG MEASURES
- REPAIRED – DISPLAY OPTION, ACHIEVEMENT GOAL MISSING FOR ACHIEVEMENT MEASURE “STATIN PRESCRIBED AT DISCHARGE”
- REPAIRED - PRE-DEFINED CONSENSUS MEASURE ERROR REPORTED BY USERS

# QUESTIONS