



**Pain, tightness or pressure
in the chest**

☐ Never

☐ Occasionally

☐ Often

☐ Always

**Lightheadedness or
dizziness**

☐ Never

☐ Occasionally

☐ Often

☐ Always

Shortness of breath

☐ Never

☐ Occasionally

☐ Often

☐ Always

Rapid, fluttering heartbeat

☐ Never

☐ Occasionally

☐ Often

☐ Always

Fainting

☐ Never

☐ Occasionally

☐ Often

☐ Always

**Difficulty sleeping or
sitting up**

☐ Never

☐ Occasionally

☐ Often

☐ Always

Swollen ankles or feet

☐ Never

☐ Occasionally

☐ Often

☐ Always

**Difficulty walking short
distances**

☐ Never

☐ Occasionally

☐ Often

☐ Always

Fatigue

☐ Never

☐ Occasionally

☐ Often

☐ Always